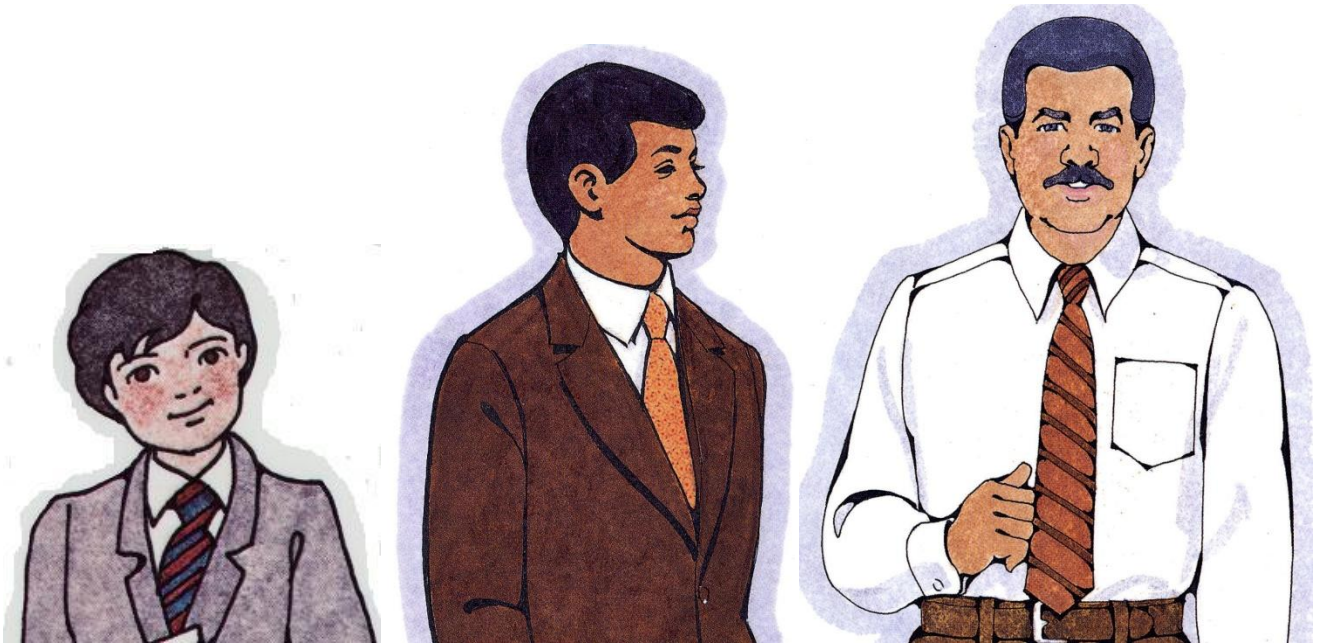


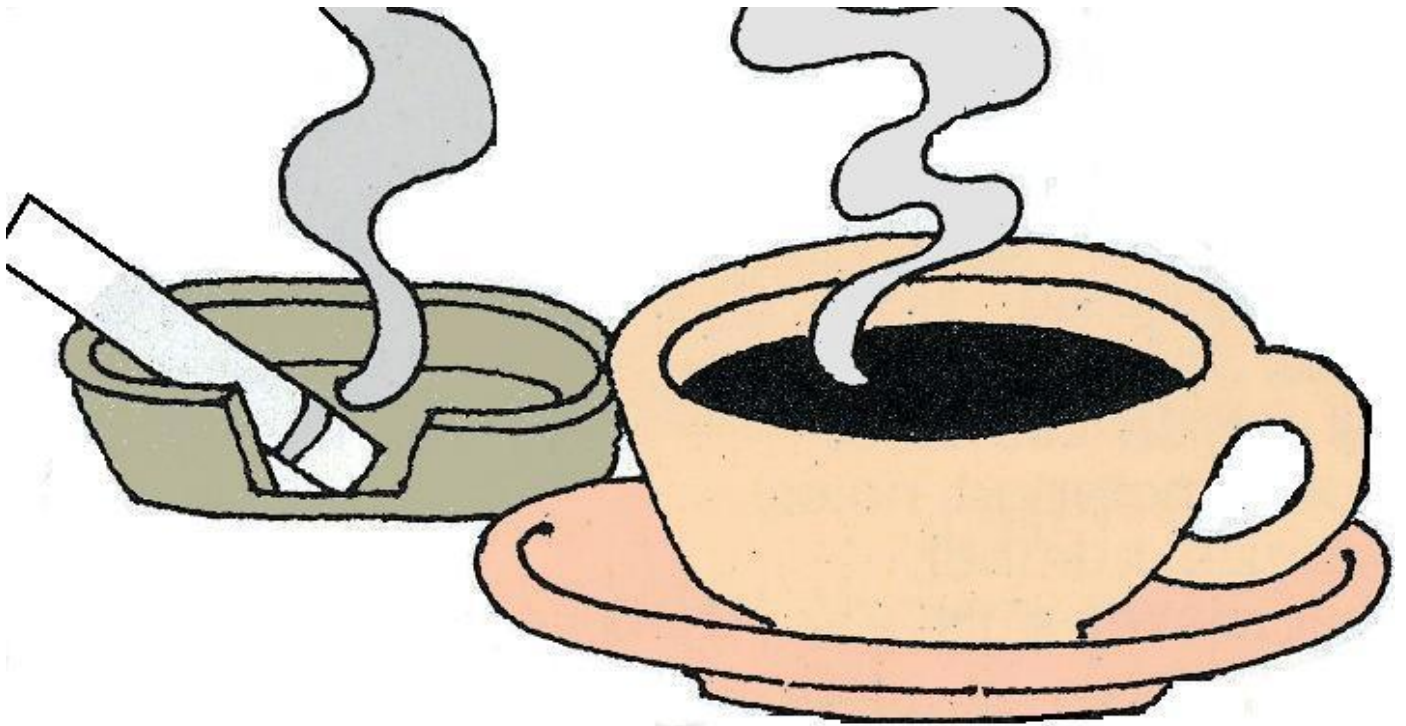
That the
children may
live long



And be
beautiful and
strong,



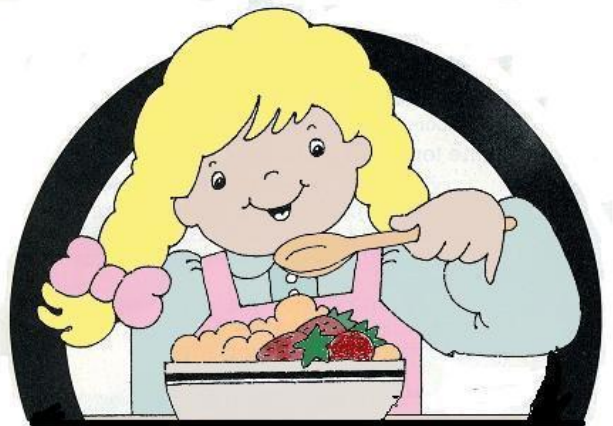
Tea and Coffee
and tobacco
they despise,



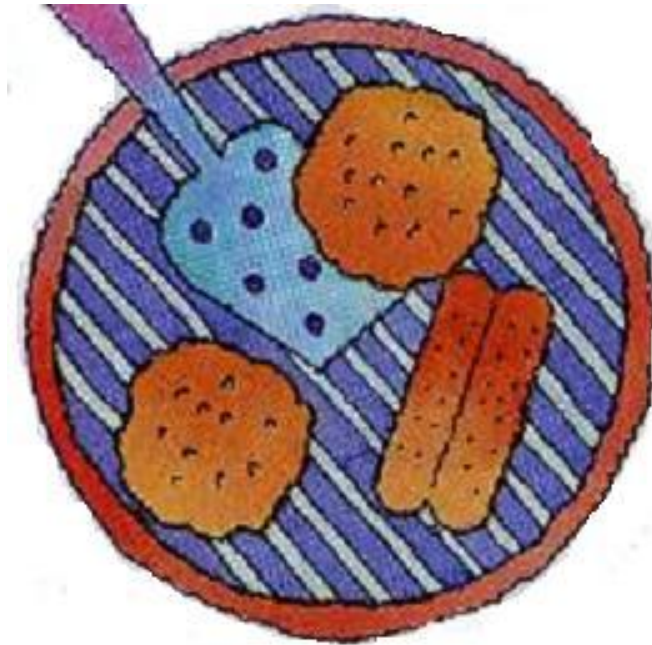
Despise

Drink no liquor, and they eat

No



But a very
little meat;



They are
seeking to be
great and good
and wise.



Picture Sources

Growing Boy - Primary manual cutouts, Girl - February Friend 2002 pg. 47, Boy Weight Lifting - May Friend 2002 pg 19, Tea, Coffee, Liquor and Eating Pictures - November Friend 1993 pg. 12, Meat- Friend Magazine, Wise Children - Children's Songbook Pg. 172

