

BAPTISMAL COVENANTS

We Promise

To come unto the fold of God,
and be called his people.

To help and serve others by:

- Bearing one another's burdens.
- Mourning with those that mourn.
- Comforting those that need comfort.

To stand as a witness of God.

To serve God and keep his
commandments.

The Lord Promises

We can be redeemed of God.

We can come forth in the first resurrection.

We can have eternal life.

He will pour out his Spirit more abundantly upon us.

Burden Situations

<p>Illness: Your friend was injured in a car accident and will need to stay home in bed to rest and recover for several weeks.</p>	<p>School Work Difficulty: One of the kids in your class is having a hard time understanding the math and is afraid he will fail.</p>	<p>Fear: Your little sister will be starting kindergarten soon and is afraid because she doesn't know what to expect.</p>
<p>Moving: Your friend is moving and is very sad because she is going to miss you and her other friends.</p>	<p>Loneliness: The new kid at school doesn't have anyone to play with.</p>	<p>Tragedy: Your friend had a fire in her home and lost everything, toys, clothes, etc.</p>
<p>Poverty: Your friend's family is very poor and sometimes he doesn't have enough to eat at lunch.</p>	<p>Ridicule: One of the kids in your class is uncoordinated at sports and the other kids make fun of him.</p>	<p>Family Problems: Your mother is stressed because of all the things she has to do to take care of the family.</p>